

Handwritten initials or signature.

# Abstract of the Disclosure

A method for the controlled humidification of indoor air or a supply of indoor air is provided wherein a shaped body is exposed to the indoor air or supply of indoor air to be humidified. The shaped body is a dimensionally stable composition containing water and alkali metal carboxylates of C<sub>8-26</sub> carboxylic acids.

09701098-030901